

Newsletter

Vol. 2/July 2016



Greetings from the Drama Therapy Institute of Los Angeles and Creative Therapies Center

Summer Abroad Program in Salzburg

Join us August 10th through the 17th as we head to Salzburg during the Salzburg Music Festival for a one week intensive focusing on the integration of drama therapy and music in the city where Mozart was born and *Sound of Music* was filmed. Participants will be staying in a beautiful, historic, spacious house and will have opportunities to attend the famous Salzburg Music Festival. This active and experiential workshop uses drama therapy and music to provide a context for participants to tell their stories, set goals, solve problems, express feelings, or achieve catharsis. Explore the depth and breadth of inner experience. Enhance interpersonal relationship skills. Expand the repertoire of dramatic roles to strengthen your own life roles. Achieve inner harmony and deeper rhythms using drama therapy and music. Explore ways of working with music to benefit the therapeutic session, invite healing, expand the story and honor the participant. Marlies Karl-Kremsmair, Magistar of Art and Music Therapy will be joining Pam Dunne in doing a one day intensive for the Salzburg program. For more information, please contact Dr. Kamran Afary, Abroad Program Coordinator at dramatherapyabroad@gmail.com or kafary@aol.com.

Congratulations!

- ❖ DTILA graduate Maria (Mia) Boswick and Cindy Loab are now RDTs!
- ❖ DTILA graduate Rachel Brousseau is now an official LMFT!
- ❖ Hadil Moghnieh, DTILA continuing student, just received her Masters of Social Work (MSW) degree from University of Southern California!

CTC Group Schedules

Adult ADHD Support Group

Using Narradrama

Sundays 2-4pm

A new 8-week series starts on 7/19

Ongoing Group continues to meet

Sundays 4:30-6:30pm

Contact:

Kamran Afary, Ph.D.
kafary@aol.com

Photography for Personal Growth

Mondays 10:30am-12:00pm

Contact:

Hiroko Saeki, DT Intern
dramaforhealing@gmail.com

Empowerment through Stories

Tuesdays 7-9PM

Starts on 9/20

Contact:

Pam Dunne, Ph.D., RDT/BCT
pamela@dramatherapyinstitutela.com

Death Cafe Santa Monica

hosted by On Bright Wings

The 1st Thursday of every month

7-9 pm

Free, donations accepted to

reimburse for the cost of

refreshments

RSVP to:

Trisha Jauchler, MA, MS, RDT
trisha@onbrightwings.com

Upcoming Classes at DTLA

Drama Therapy for Personal Growth

Dates: 9/20, 10/4, 10/11, 10/18, 10/25,
11/1, 11/8 & 11/15
Time: 7-10pm

Creative Drama

Dates: 9/24, 10/1, 10/15, 11/5 & 11/19
Time: 11:30am-6pm

Drama Therapy with Children & Adults with ADHD

Dates: 10/15 & 16, **Time:** 10:30am-6pm

Grief & Loss: Uses of Drama Therapy in Grief Work in Clinical Settings

Date: Oct. 8, **Time:** 10:30am-6pm

Drama Therapy & Performance Studies

Date: 10/9 & 16, **Time:** 10:30am-6pm

Dance Therapy

Dates: 9/10 & 17, **Time:** 10:30am-6pm

Narradrama Ongoing Group

Date: 9/24, 10/15, 11/19, 12/10
Time: 9:30-11:30am

What are current DTLA Students doing?

Kamran Afary is a continuing student at DTLA. He is currently conducting ADHD Narradrama Workshops for groups and individuals in Los Angeles on Sundays, and he also gives talks at different support organizations such as CHADD.

Ariana Howell is currently in Tanzania with Dramatic Adventure Theatre to teach acting and writing to children in underserved communities, helping them to write and perform their own work. She'll also be performing at the Zanzibar International Film Fest & at IATI Theater in NYC. These performances will be original, devised pieces the team created while on the ground in Tanzania.

Lynne Hostein will be starting a new 8-week drama therapy group for people struggling with chronic pain in early September (An approx. start date: 9/6). For more information, please contact Lynne Hostein, M.A., LMFT, at 818-800-7284.

DITLA Alumni Spotlight



Douglas Green, MA, MFT, LPCC got his certification in Drama Therapy years ago, but just received notification this last month that he's been accepted as an RDT, and will receive his official status at the national conference this fall. Doug has a private therapy practice in West Los Angeles and Woodland Hills, where he specializes in helping kids and teens build lives they can be proud of—often using Drama Therapy techniques. He also runs a Drama Therapy group for adults looking to Build Social Confidence (a great bargain, if you have any

clients who'd be interested!). As well, he is an adjunct professor at both The Chicago School for Professional Psychology and Phillips Graduate Institute, where he teaches Drama Therapy techniques for use with children and adolescents. He has given numerous presentations on Introductory Drama Therapy to psychology students and therapists, and is presenting at this year's state CAMFT conference on Drama Therapy Techniques for Shame-Based Clients. All of this, though, is only half of his current workload. Recently, he released his proudest achievement, the book *The Teachings of Shirelle: Life Lessons from a Divine Knucklehead*, a serious, humorous, and poignant look at the wisdom he gained from his ridiculous dog. It has already won two national awards, been featured on numerous radio shows and countless websites, and includes a beautiful recommendation blurb from a certain Pamela Dunne. Doug also runs a website associated with the book, AskShirelle.com, which offers advice to anyone who writes in, from a dog's point of view; based on the lessons in the book, the site has often reached over 10,000 unique worldwide visitors a month.

Jessica Rojas is a registered Marriage and Family Therapist intern, and she recently received notification that she was awarded her RDT. She uses drama therapy in various locations throughout Los Angeles area, working with at risk children, youth and adults focusing primarily in expressive movement. She has conducted workshops at California State University Los Angeles and summer program called *Summer Night Lights* for at risk youth. She created a drama therapy group for young teens in the program *Gang Reduction Youth Development* to build insight and express themselves through creative arts, movement and drama therapy. She incorporates drama therapy into her Parenting, Anger Management and Domestic Violence groups for Spanish speaking populations.



Drama Therapy Institute of Los Angeles & Creative Therapies Center

3331 Ocean Park Boulevard, Suite 201, Santa Monica, CA 90404, USA

www.dramatherapyinstitutela.com

Facebook: facebook.com/dramatherapyinstitutela

Twitter: @DramaTherapyLA | Instagram: DramaTherapyLA

Director—Pamela Dunne, Ph.D., RDT/BCT

Contact: pamela@dramatherapyinstitutela.com

